

TRANSITION TO A HOME OF OUR OWN

**Daily Journal**

Name: \_\_\_\_\_

Date \_\_\_\_\_

Indicate the following for goals that the participant is currently focused on:

- |   |   |
|---|---|
| <p><b>I Independent</b> (no prompts/assistance)</p> <p><b>P Prompted</b> (verbally/non-verbally)</p> <p><b>D Demonstrated</b> (then completed on their own)</p> | <p><b>A Physically assisted</b> (hand over hand)</p> <p><b>C Chose not to</b></p> |
|---|---|

Did the participant assist in filling out this form? Day: Y N Evening: Y N Overnight: Y N

D	E	N	Apartment Safety	Comment / Sign
			Remembered Keys	
			Locked door when leaving	
			Used Keys at main entrance	
			Used peep hole on door	
			Answered phone/made a call	
			Used windows/balcony	
			Used air conditioner/fan	
			Knows fire drill	
			Knows how to use On-Call contacts	
			Other:	
D	E	N	Housekeeping	Comment / Sign
			Washed and dried dishes	
			Put away dishes	
			Wiped counter, stove, table	
			Swept floors	
			Washed floors	
			Vacuumed carpets	
			Cleaned bathroom	
			Made bed	
			Dusted	
			Completed laundry	
			Took out garbage	
			Did recycling	
			Composted	
			Other:	

D	E	N	Personal Care	Comment / Sign
			Attended to hygiene	
			Attended to medications	
			Attended to assistive devices	
			Other:	

D	E	N	Menu / Meals	Comment / Sign
			Grocery shopped	
			Followed a set menu	
			Prepped a meal	
			Prepared a meal	
			Practiced kitchen safety	
			Used stove/oven	
			Used small appliance	
			Cleaned up	
			Stored food properly	
			Other:	

D	E	N	Budgeting / Money	Comment / Sign
			Used cash to pay for items	
			Used debit card to pay for items	
			Tracked spending in bank account	
			Budgeted money/spending	
			Other:	

D	E	N	Community / Social	Comment / Sign
			Contacted family / friends	
			Used a community resource	
			Practiced self – advocacy	
			Initiated a new contact	
			Other:	

D	E	N	Time Management	Comment / Sign
			Scheduled an appointment	
			Prioritized tasks	
			Maintained schedule	
			Other:	

**Additional comments, concerns, unusual occurrences, free time usage.**