

## NEWS FROM OUR COMMUNITY

### INSIDE THIS ISSUE:

2013 Community Partner of the Year	1
Celebrate the Hero	1
Who's Your Caddy?	2
Person Centred Excellence	3
What's in a Job?	4
Employee Recognition	5
Loyalist College Student Award	5
Community Services Manager	5
A Dream Come True	6
In Memory of Alex and Esther Velleman	7
United Way Campaign 2013	8
Celebrating Quality of Support	8
Growing Pains	9
The Exciting Power of Families	9
Pennies for Habitat	10
Volunteer Group of the Year	10
Mayors' Challenge Golf Tournament	11



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# PlainTalk

FALL/WINTER 2013

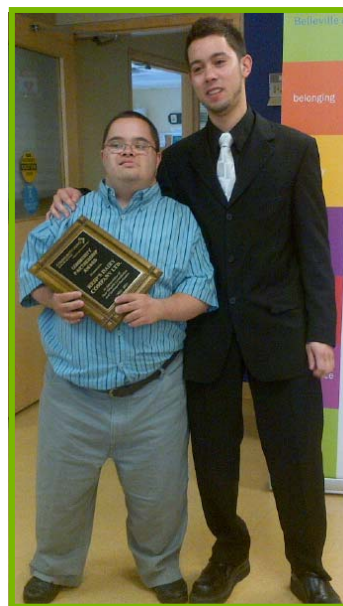
## 2013 Community Partner of the Year

Community Living Belleville and Area recognized Reid's Dairy as our **Community Partner of the Year** for 2012-13. Dave Franks, Director of Operations, and Ryan Seward, Coordinator of Health and Safety, have been instrumental in providing successful paid employment to people with a disability.

The representatives from Reid's Dairy are open minded and they value all community members as equal. Being proactive in equality and having the vision to be inclusive was a natural process for Dave and Ryan. And, they have passed this on to all of their employees, as evidenced by the respect and value shown.

There are so many benefits that come from employment experiences for people with disabilities. The employees at Reid's Dairy increased their skills development, while increasing their opportunities for social networking and financial independence.

These jobs also afford our employees, who work as *Job Coaches*, the opportunity to learn first-hand how best to support people and businesses to achieve success at all levels. Supporting people to find employment is a fairly new service offered by Community Living Belleville and Area and is driven by the people we support. As an organization, we embrace and look forward to many future employment successes.



Jamal (left) and Ryan Seward

## Celebrate the Hero

To help celebrate Community Living Month in May, we partnered with Nick Foley and hosted a free presentation that focussed on celebrating who you are.

Nick is an amazing motivational speaker and he has created a very refreshing and inspiring presentation that he uses within schools, teams and organizations.

As an organization, we at Community Living Belleville and Area also believe in educating children, youth and adults on various topics and found Nick's work to be an added way to assist in this mission.

Nick Foley is the founder of "Celebrate the Hero,"



Nick Foley inspires!

an initiative that motivates and empowers people to make a difference by propagating good through action. Nick's presentation focuses on the importance of celebrating you, celebrating the hero, making good choices and making life your own.

The presentation instilled messages that made us think of our actions and the impact (positive or negative) they can have on a person.

Nick reminds us to focus on core values that offer inspirational thinking and feel-good messages.

If you would like to learn more about Nick's "Celebrate the Hero" presentation, please visit Nick's website at [www.celebratethehero.com](http://www.celebratethehero.com)



Photo Credit: *Lola Reid Allin*



The first annual MIX97 WHO'S YOUR CADDY? Ladies' Golf Social, held on June 12<sup>th</sup>, in support of Community Living Belleville and Area, was a smashing success! The event exceeded the organizing committee's wildest expectations and was the talk of the town for weeks afterwards. All 80 amazing ladies and the 20 enthusiastic and oh-so-exclusive caddies – along with sponsors, musicians, other volunteers and donors – enjoyed the day just as much as we, in collaboration with MIX97 and Black Bear Ridge Golf Course, enjoyed making it possible.

We are very pleased to note that this event raised \$17,250 for Community Living Belleville and Area. Those dollars will help us tremendously in our efforts to offer opportunities to the people we support to live their best possible lives. While we are funded by the Ontario government, the funding our sector receives has been frozen for several years now. However, the quality services and supports we offer to people and their families are alive and well, due in no small part to the support we receive from our community. Every penny we receive outside of provincial funding is like a "penny from heaven."

Who's Your Caddy 2013 was sold out weeks in advance and the second annual event, scheduled to be held on June 11, 2014, is also sold out!!

If you would like to know more about Who's Your Caddy and how you can support this event, please call Patti Gillman at 613-969-7407, ext. 30.

#### Organizing Committee

Jody Brooker, MIX97/Patti Gillman, Community Living Belleville and Area/Bill Kerr, Black Bear Ridge Golf Course/  
John Klassen, Community Living Belleville and Area



We would like to acknowledge the following special sponsors of our first annual MIX 97 Who's Your Caddy? Ladies' Golf Social

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**Bib Sponsor**



**Lunch Sponsor**



**Dinner Sponsor**



## Community Living Belleville and Area and Person Centred Excellence Accreditation with CQL

As you already know, Community Living Belleville and Area received a 4 year Accreditation from the Council on Quality and Leadership (CQL) in 2009. This means that our 4 year Accreditation award is up at the end of 2013. As we are an organization committed to continuing quality enhancement in the services and supports we provide, we have engaged with CQL for reaccreditation using their Person Centred Excellence Accreditation process. This will take place in early 2014. On completion of this review we can look forward to another 4 year Accreditation award.

The process includes a review of our Basic Assurances to ensure that we have been able to maintain effective systems. The Basic Assurances are demonstrations of successful operations in the areas of health, safety and human security. These assurances are not statements of intent; rather, they are the essential, fundamental and non-negotiable requirements for all service and support providers.

The process will also include an evaluation of how we use Personal Outcome Measures day to day to support people to achieve what they have identified as important to them, and how we use Personal Outcome Measures data for organizational planning.

As part of this review we can also look forward to focus groups of staff, people supported, families, community partners and other stakeholders. It will be a great opportunity to look at where we have come from and to strategize for continued excellence here at Community Living Belleville and Area. If you are interested in more information on Person Centred Excellence Accreditation at Community Living Belleville and Area, please feel free to contact Hilary Tugwood at [htugwood@communitylivingbelleville.org](mailto:htugwood@communitylivingbelleville.org)



Our Executive Director, John Klassen, helped to load some of the 516 lbs of non-perishable food items donated by our staff and people we support to the "Fill That Bus for the Gleaners Food Bank" initiative in June. City-wide donations totaled 3,980 lbs.

## What's in a Job?

***"People with disabilities don't expect charity. They don't expect pity. They want to be treated as people. And by engaging them, we're the ones who have been changed by this."***

Randy Lewis, Executive Vice President of Operations, Walgreens

US pharmacy retailer, Walgreens, has been a world leader when it comes to hiring people with disabilities, with 40% of their workforce in South Carolina being comprised of people with disabilities and 47% in Connecticut. Today, more and more businesses are becoming aware of the contributions people with disabilities can make in the workplace and the benefits of hiring them. Both of these Walgreens distribution centres experience the highest productivity rating in the US and lowest employee costs due to: lower absenteeism, lower accident rates, lower lost time from illness and injury, lower turnover rates and so on.

We also know that having a job has a positive impact on people with disabilities as well. Time and time again, we see tremendous personal growth and development – independence, responsibility and sense of purpose – expressed by people who have a meaningful job. Add to that more friends and a broader social network, improvements in financial status and overall better health and wellbeing.

Often, people only see the challenges when it comes to finding jobs for people with disabilities – What can they do? Who will accept them? What if it doesn't work out? – rather than seeing the possibilities. Looking for opportunities and turning them into possibilities can sometimes be a very creative process.

We've had a number of successes since starting the Rotary at Work project in the Belleville area, made possible through a generous two-year grant

from The Ontario Trillium Foundation. The following are just two examples of how people supported by Community Living Belleville and Area and their employers have benefited.

Jamal, Alex and Jeremy work at Reid's Dairy. They rotate days, working seven days per week for about an hour and a half each day. The men look after the Reid's Dairy Ranch (petting zoo), feeding and watering the animals and looking after the compound. Over the course of the summer, each of the guys has improved their skills and gained a sense of confidence. Further, they have met new friends and broadened their social connections, all while earning a paycheck just like other employees.



Jamal cares for the goats at Reid's Dairy

From Reid's perspective, they have gained the advantage of three excellent employees.

***"The employees and their support staff have been phenomenal in terms of showing responsibility while on the job. We have had the pleasure to hear positive feedback from our customers in relation to employing people with disabilities by offering them an opportunity to show they do not have any barriers restricting them from proving they are truly capable of contributing to an organization."***

David Franks, Vice President of Operations, Reid's Dairy

Mary (doesn't want to be identified by her real name) works at Vantage Foods in Belleville. Vantage is a large meat processing and packaging plant. Mary wanted a paid job but struggled to get through the door and had a lot of difficulty with her confidence and in getting past the initial interview stage.

Vantage Foods became aware of the Rotary at Work initiative and had some previous experience with hiring people with disabilities.

With the support of Community Living Belleville and Area staff, Vantage was able to match specific job duties to Mary's skills and abilities.

Mary started working at Vantage Foods in July, initially working 5 hour shifts, 3 days per week. Her duties included supplying a number of work stations and some janitorial tasks, looking after the cafeteria and some washrooms.

Mary's confidence grew quickly and Vantage Foods became aware that her ability was greater than the initial tasks she had been given. As her capacity and confidence grew, Vantage continued to add new duties and responsibilities. Eventually, Mary was invited to apply for a permanent position and joined the production line, alongside all regular workers.

Many people with disabilities want to work in regular, paid jobs and many have the capacity to hold meaningful positions.

Our challenge is to educate employers, make good job matches and support people to be successful in achieving this goal.

**Joe Dale, Program Coordinator**

## Employee Recognition—Service Milestone Awards 2013

Each year a group of employees achieving 5, 10, 20, 25, 30 and 35 years of service are recognized for their service milestone and receive a small token of our appreciation. We are proud to report that 60% of our employees have worked at Community Living Belleville and Area for more than 10 years! We thank all of our employees for their contributions, commitment and dedication to the excellent supports they provide.

25 Years	20 Years	10 Years	5 Years
Tina Forster	Nicole Giundon	Sara Boyd	Tara Aldrich
Lora Lee Davis	Jennifer Wickett	Tammy Corrigan	Victoria Rashotte
Michelle Young	Dianne Broadbridge	Meaghan Barnes	Kelly Sanderson
Deborah Spencer	Kevin Keck	Allison Williams	Tracy Lafrance
Lois Hogan		Kelly Cassidy	Angel Broadbridge
Marnie Lemmermeyer			Ellen Flood
			Amanda Hover
			Rachel Sellars
			Kristen Saylor
			Alicia McCullam
			Tina-Rae Sararas
			Jennifer Barre



**New Community Services Manager**  
Jennifer Wickett

### Meet our New Community Services Manager

We are pleased to announce that Jennifer Wickett has been awarded the position of Community Services Manager.

Jenn has been with Community Living Belleville and Area for over 20 years and during her tenure has consistently demonstrated her leadership abilities and strong organizational skills. We look forward to Jenn's continued success in her management role.

### Loyalist College Student Award

We would like to extend our congratulations to Tishana Puk, who graduated in 2013 from the Developmental Service Worker (DSW) program at Loyalist College, and was the recipient of a \$500 student award from Community Living Belleville and Area, in partnership with McDougall Insurance and Financial.

We would also like to extend our sincere thanks to McDougall Insurance and Financial for participating in and financially supporting this awards. Together, we are investing in future Developmental Service Workers!



**Tishana Puk, recipient of \$500 Student Award**

## A Dream Come True



Left to right: Tanya, Laurie, Lois and Candice

My name is Laurie Russell and I had a dream come true. This is my story. A long time ago it was thought that I might like to go on a trip to Disney World, but there were too many obstacles in the way. The very first one was not having enough money to pay for such a trip. So I needed to find a job. A friend was selling Avon and this seemed to fit my needs, so I became an Avon Representative. Over the years, with staff changes and life changes in general, my trip to Disney World got put on hold, but I remained an Avon Rep.

A few years went by and then in 2011, I celebrated Christmas with my sister Candice at her home in Courtice. Candice asked about my work as an Avon Representative and was told about how I wanted to go to Disney World. We talked about all the barriers in the way of getting there. Candice wanted to try to make my dream come true. Lois agreed to support me to work with Candice and next thing we knew, we were making plans to go to Disney World in Orlando, Florida before my next birthday in June 2013.

On April 3, 2012, I had a Person Directed Planning meeting with Hilary, Sue, Tanya, Lois and my sister Candice (by phone). An action plan was developed and put in place and then the work began. We decided on our travel date and celebration. We went to Carlson Wagonlit Travel. I knew Donna who works there, and she helped with the travel details. She answered all our questions concerning flying issues that might occur, and if she didn't know the answers, she made calls directly to Air Canada or Disney World.

We filled out applications for passports. I had a complete checkup with my doctor. We applied to the Outcomes Support Fund at Community Living Belleville and Area to help with some of the costs. The Outcomes Support Fund committee members approved my proposal and so a large portion of the cost was taken care of. We organized two bake sales to raise some extra money.

Lois did a lot of research about the best resorts at Disney World (accommodating people who use wheelchairs). Lois looked at transportation, rooms, medical services, etc. We booked our transportation to and from the airport with Ron Lessels.

With each step in place, we realized we were so close and on February 5<sup>th</sup> my passport arrived. We booked our trip for April 1-5, 2013 at an all-inclusive resort, including food, transportation, accommodation, park entrance fees and airfare. April 1<sup>st</sup> arrived and at 2:00 a.m. we had all of our stuff loaded up in the van and Ron drove us to Toronto Pearson Airport with one stop in Courtice to pick up my sister Candice. There were no issues or concerns and we went through security with no problem. We each had one suitcase and one "carry on." I was able to stay in my wheelchair right up until boarding. My wheelchair went through as special baggage and was tagged with all required identification.

We landed in Orlando and with assistance I was transferred to my wheelchair which was ready and waiting. We picked up our luggage and were shown where to wait for our transportation – "Magic Express" – to take us to the resort. The driver was really nice and helped me get on the bus and hooked my wheelchair in, using the same method we use. Everything was great! We arrived at the resort and checked in. The weather was perfect. Our room had plenty of space with two double beds and a wheelchair accessible bathroom. My chair fit easily in the shower area, where I could be assisted onto a shower chair with no problem.

We all tried to rest, but it was just too nice out so we went to explore the area. We sat down by the pool and watched a lot of people swimming, and realized there was a mechanical chair lift at the pool and also a wheelchair to be used in the pool. We didn't use it, but it was good to know it was there. After we had



dinner, we decided to go to our room and plan our route for the next day at Magic Kingdom. With the help of Lois (who had been there before) we planned our day. When we were done, it was getting late and with the exciting and busy day we'd had, we decided to get in our PJs and head to bed. I was bushed. With the help of Lois and Tanya, I got all comfy in bed and within twenty minutes I was sound asleep.

Morning came quickly, but I was awake and ready for the exciting day I had been waiting for. We were up, dressed and had finished breakfast by 8:30. We went out to the front of the resort and got in line for the bus that would take us to Magic Kingdom. The weather was perfect again - sunny and warm. The bus arrived and the driver came out and helped me get on the bus and hooked my wheelchair in place. We were on our way! Candice sat with me and showed me the sights on the way. We got to Magic Kingdom and got our passes out. Once through the entrance gate, it was amazing. I was so excited, smiling and dancing to the music. Lois and Tanya took pictures of Candice and me in front of Main Street which leads to the huge castle. There were a lot of people. We made our way down the street looking at all the stores, people and many Disney characters. I was all smiles, my dream was coming true. We headed to our first ride. It was called Aladdin. The attendant opened the side of the cart and wheeled me in and got me situated. Tanya and Candice sat in front of me. Lois was taking pictures. As the ride started we were going around and our cart went up and down. I was smiling, giggling and having a lot of fun. Most of the rides were wheelchair accessible so I was able to go on many of them, which I truly enjoyed. As we were heading to lunch, the big parade was starting. I was right out front and enjoyed the music, singing and all the huge floats and characters.

We decided to take a train ride around the park to end our day. It was nice to sit and look at what we had experienced today. We then went to catch the bus back to the resort. We arrived back at the resort around 10:00 p.m. WOW – what a memorable day, but boy, were we beat! We all got into our PJs. I don't think my head hit the pillow before I was fast asleep.

The next two days passed in a blur. We went to Animal Kingdom and on a Safari Ride, and went to the Rainforest Café for dinner; we went to Hollywood Studios and watched shows and dancers and we then went to a Sci-Fi Theater. It was so much fun! On our last morning we were up at 4:00 a.m. to start getting ready to head to the airport for 6:00 a.m. We arrived at the airport and got checked in with no problem. We were able to board first and with the help of Lois and Tanya, I was transferred from my wheelchair to an Air Canada chair. My wheelchair was then taken down to the special luggage compartment. I was transferred into my seat and buckled in. The flight home was great. I listened to music through my head phones. We landed in Toronto and, with hugs and kisses to my sister Candice, we said our goodbyes and “see you soon!” We arrived home around 5:00 p.m.

I loved my trip to Disney. I had an amazing time. Words just aren't enough!

## In Memory of Alex and Esther Velleman

Mr. and Mrs. Rob and Jo-Anne Velleman, of The Velleman Foundation, were in Belleville on August 30th to present a \$73,000 cheque to Community Living Belleville and Area.

This generous donation from The Velleman Foundation was made in memory of Rob Velleman's parents, Mr. and Mrs. Alex and Esther Velleman. Mr. Alex Velleman was President Emeritus of The Velleman Foundation until his death in 2007. He was also the son of the original founders of Community Living Belleville and Area, Mr. and Mrs. Leonard and Leonora Velleman, who emigrated from the Netherlands in 1951 and opened the "Babies' Convalescent Home" in Plainfield, Ontario.

Over the years, the organization came to be known as Plainfield Children's Home and Plainfield Community Homes. In 2011, the organization changed its name to Community Living Belleville and Area.

Mrs. Esther Velleman was the Chair of the Velleman Foundation Grants Committee until her death in 2004.



Mr. and Mrs. Jo-Anne and Rob Velleman (left) present a cheque for \$73,000 to John Klassen

## United Way Campaign 2013



Judi Gilbert, Executive Director of United Way of Quinte (centre) presented a Certificate of Appreciation to Ethel (left), Ramon (centre front) and Donna (right) for our 2012 campaign

Our United Way Campaign 2013 raised \$6,890 for the United Way of Quinte, surpassing our goal of \$6,000!!

This year's campaign was led once again by Employee Campaign Coordinators Donna McKeown, Ethel White and Ramon Green.

This year, we also successfully recruited a number of Peer to Peer Promoters whose role was to inform their fellow employees of how the United Way impacts their community and the many benefits of supporting them.

We would like to extend a very special thank you to the following staff for their participation as Peer to Peer Promoters for 2013:

**Jennifer Abrams  
Kelly Cassidy  
Tony Ceretti  
Shelly Cooke  
Wendy DeKlerck  
Cheryl Jordan-Burns  
Tracy LaFrance  
Bria Sherwin  
Tammy Wells  
Robyn Witney**

We would also like to thank everyone who made a donation to the campaign.

## Celebrating Quality of Support

A two day conference was hosted by Community Living Belleville and Area, in partnership with Community Living Prince Edward, on June 20<sup>th</sup> and 21<sup>st</sup> at the Banquet Center in Belleville. We recognize that the health, wellness and ongoing professional development of all employees directly contribute to quality of support and each person's overall satisfaction with services and supports. Approximately 120 staff members of the two organizations attended over the two days. Sessions offered were as follows:

**Living Well:** This session encouraged people to think about and record what was important to them now and what they want in the future for end of life planning. The session was presented by Julie Malette, the lead for HSA Canada. Julie has worked as a consultant/trainer with person centered planning and she encourages and promotes the use of person centered practices for everyone as they contribute to quality of life.

**Compassion Fatigue:** Our primary task as helping professionals is first and foremost to meet the physical and/or emotional needs of the people we support. The expectation that we can be immersed in people's lives on a daily basis while developing close relationships and supporting people through growth and development – but also through tragedy, disappointment, illness and often death – and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet. (Remen 1996) Chris Semark, Director of Services for Community Living Belleville and Area and a Compassion Fatigue trainer, introduced the background on Compassion Fatigue, how to recognize it and strategies to develop an intervention plan.

**Ambassadors for Inclusion:** This was an interactive and informative workshop to help participants become Ambassadors for Inclusion. This workshop was comprised of hands-on activities, small group sessions, videos and much more. Participants left with a renewed insight and a wealth of practical strategies they can use in their day to day work. Workshop facilitators Danita Norton and Deb Skinner, both employees of Community Living Prince Edward, have a wealth of experience in supporting people and families throughout Prince Edward County.

*As always you are all so amazing to help! Thanks for all your support!*



Dear Friends at Community Living Belleville and Area:

On behalf of all of the community supporters involved with the Good Backpack Program, we would like to thank you for volunteering your time to stuff backpacks for the Good Backpack Program. Thanks in part to your support over 1200 children are receiving backpacks full of age appropriate school supplies in 2013. These children will return to school well equipped and ready to learn as a result of your generous contribution of time. Many hands make light work and we couldn't have stuffed all those backpacks without you! We look forward to working with you again next year.

Thank you!

*Maddison Ellis*  
Maddison Ellis  
Good Backpack Coordinator

*Amy Watkins*  
Amy Watkins  
Director, Community Resources



## Growing Pains: Family Leadership, Disability Services and Community Life

At our 2012-13 Annual General Meeting, held on June 27<sup>th</sup>, a roomful of participants were inspired by keynote speaker Dr. Robert Hickey. Drawing on his experiences as a parent and a university professor, Rob reflected on the struggles families, agencies and government face in the transformation of developmental services in Ontario. The ideals of social inclusion and community life often confront the limitations of the service system and unorganized communities. Drawing from insights gained through his own family's journey and promising lessons from his research, Rob focussed on the opportunities and work needed to build inclusive communities. He left us with much to think about, including:

*"Inclusion is not an individual project. Supporting a more inclusive environment for our daughter Maggie has meant that we have had to engage in developing a community that is inclusive for Maggie and her peers."*

*"Inclusion is often not a question of getting "into" a pre-existing community, but recognizing the lack of community. Promoting inclusion starts with building community."*

*"Conflict is a natural and healthy part of inclusive communities. Stakeholders all have common and conflicting interests. That includes parents and their sons or daughters with disabilities. We need to be very cautious when claiming to speak on behalf of others and recognize that conflict is not a sign of failure but a necessary component of growth."*



Dr. Robert Hickey  
presents AGM Keynote

## The Exciting Power of Families

Last spring, I had the opportunity and privilege of meeting with Hastings County families through a Ministry-funded 'Innovation Project'. This project was initiated by Community Living Belleville and Area, North Hastings Community Integration and Counselling Services of Belleville and District. Agencies understand that families are struggling to find adequate supports and funding. They know that waiting lists continue to grow, while agencies are at capacity now. And they want to help. With my North Hastings co-worker, Teena Surma, families across the county were interviewed, and similar concerns were repeatedly heard. Families are on lengthy wait lists for adequate funding (e.g. PASSPORT), for affordable day support options, for supported living alternatives and for safe and meaningful days for their youth when they leave high school.

Families often feel alone and are exhausted. Many are worried about what will happen when they themselves are no longer able to provide care and support. For others, leaving a good paying job to care for their son/daughter when they graduate from high school is an unacceptable, but true, reality in our communities. In early April, a "parent-to-parent" Family Forum was held in Belleville and 70 people attended. The majority of attendees were families, and all of the presenters were parents or family members. Presenters talked about how they had joined with others in their communities to create unique housing, supported living, meaningful days, and natural circles of support for their sons and daughters. Families then chose areas of personal concern and broke into groups. In each group, families shared information about activities and resources, explored ideas and opportunities for working together and developed action plans.

And then..... they did what they said they'd do! One group of parents is meeting in Belleville to look at ways to work together on supported housing and creating natural support circles. A group of four mothers who met for the first time at the forum are meeting to discuss possibilities for sharing or pooling support resources for their young people who are leaving (or have recently left) high school. And a group in North Hastings is also exploring ways to share support resources. The willingness of families to help one another in spite of their own critical needs is inspiring and powerful. Families connect with each other in unique and authentic ways. And agencies, though strapped themselves, can be helpful partners by supporting these family-directed actions, sponsoring more family-focussed "learning and connecting" days and seeking new ways to respond to the ideas brought forward by families – the people who truly know (who have always known) what is needed in these times.

Jane Mayberry, Project Facilitator

## Pennies for Habitat



Left to right: Jim Burgess (Habitat for Humanity), Kendra and her son Christopher (Community Living Quinte West) and Sharon Wright (Community Living Belleville and Area)

Collecting pennies and giving back to the community was not a new or strange event occurring in Belleville. Many community members were speaking of how to benefit from the penny drives, so we began to brainstorm. We felt that Habitat for Humanity, an organization that truly devotes all of their energy and dedication in building community, would be the chosen organization for us.

Since the idea of collecting pennies was everywhere, we decided to collect internally and create a contest between our organization and Community Living Quinte West. The contest worked well as another way to celebrate Community Living Month. In addition, this challenge created increased opportunity for employees of both agencies to learn about the services and supports offered by each as staff became intrigued to know more about their partner organization. It was a fun experience with a great outcome.

We were so excited when Habitat for Humanity called to say that Community Living Belleville and Area collected the highest amount! Even though the excitement of winning was noted, both organizations were pleased to contribute to such a great organization.

## Volunteer Group of the Year

Our Annual General Meeting provides us with a great opportunity to recognise a Volunteer or Volunteer Group who has made a significant difference in the lives of the people we support.

This year's recipient of our Volunteer Group of the Year award was the External Rights Committee. The committee is comprised of a group of professionals who have a positive effect on people supported. The External Rights Committee was formed to protect the human, civil and legal rights of people receiving support from Community Living Belleville and Area. The committee is mandated to support and encourage rights education and due process for everyone receiving services from us and, where rights have been restricted or are perceived to have been restricted, the External Rights Committee will ensure appropriate steps are taken to enable people to regain those rights.

The community members who comprise our External Rights Committee bring a diverse array of skills, knowledge and expertise which has greatly benefitted the people we support in exercising their rights and understanding their responsibilities. The committee members have helped staff supporting people to think about different ways to offer support and to ensure that supports are always the least intrusive and restrictive and that they demonstrate respect for the person.

Having an External Rights Committee as part of our organization sends a clear message to the community, to all family members and the people we support about how we value **all people**. We value each member of the committee and we appreciate the time, dedication, knowledge and insight they bring to each meeting.

### External Rights Committee

Reverend Ed Bentley/Steven Casselman/Florence Flemming/Lynn Grimmon/Robin and James Zelle

And our newest member for 2013: Theresa Somerton



Meaghan presented the award to the Reverend Ed Bentley, who accepted on behalf of the External Rights Committee

**COMMUNITY LIVING**  
Belleville and Area  
*Inspiring Possibilities*

## MAYORS' CHALLENGE 2013 Charity Golf Tournament

**Dinner** **PETER SMITH** **GM**  
**CHEVROLET CADILLAC LTD.** Canada

**Lunch & Pond Prize** **uniongas**  
A Spectra Energy Company

**Raffle** **Dave Deyman** **CANADIAN TIRE**

**Golfer Gifts** **DEC** **Marc's nofrills** **BELLEVILLE CEMETERY**

**Putting Contest** **Medigas**  
Praxair Canada Inc.

**Holes-in-One** **OT group** **Carlson Wagonlit Travel**

**Golf Carts** **VERIDIAN CONNECTIONS** **MONTGOMERY**  
**Kelly's** **Knudsen Brady Vaughan Advisory Group**  
**CIBC** **Wood Gundy**

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**G.D. Jewell ENGINEERING Inc.** **ACE** **Investors Group**  
**WILKINSON** **Real Authority** **BMO** **Nesbitt Burns**

### Special Thanks

Warden Phillips Boyd Sullivan  
Mayor Ellis Mayor Williams

**Leons** **AMER SPORTS** **Culligan**  
**SUPERSTORES TRENTON** **CIBC** **better water. pure and simple.**

We would also like to thank all of our Auction and Prize Donors for their generosity and support!

## Mayors' Challenge Golf Tournament

Our 30<sup>th</sup> Annual Mayors' Challenge Golf Tournament, held at the beautiful Trillium Wood Golf Course on May 28<sup>th</sup>, was a resounding success, raising net proceeds of over \$16,000! Although faced with weather that was less than cooperative – it was cool and rainy – that didn't seem to dampen the spirits of the 112 golfers in the least.

The tournament trophy went home with Rick Phillips, Warden of Hastings County, and his foursome!

We would like to extend our sincerest thanks to everyone who came out to play and kudos to the Mayors of Belleville, Quinte West and Prince Edward County and the Warden of Hastings County for their enthusiastic participation. We would also like to thank Boyd Sullivan, who gave so generously of his time as tournament Master of Ceremonies and Auctioneer. We are grateful to the dedicated people who comprise our Golf Tournament Committee, namely: Patti Gillman, Matt Hamilton, John Klassen, Linda Lisle, Larry Mussio, Karen Poste and Jody Smith.

And last, but not least, we extend heartfelt thanks to all of our special sponsors, hole sponsors and auction donors.

We couldn't have done it without you and we look forward to seeing everyone again next year!



Warden Rick Phillips (far right) and his winning foursome from Hastings County



belonging

## Our Vision

Community Living Belleville and Area envisions a community where everyone belongs and all people are valued and respected as participating and contributing members.

inclusion

## Our Mission

Community Living Belleville and Area exists to provide quality supports to people with intellectual disabilities and to facilitate their full inclusion in community life. Community Living Belleville and Area is also mandated to educate the larger community and to advocate wherever necessary on behalf of people with intellectual disabilities and their families.

independence

dignity

respect

valued



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**PlainTalk** is a free newsletter published by Community Living Belleville and Area. It is also available online at our website at [www.communitylivingbelleville.org](http://www.communitylivingbelleville.org)

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